

Guidelines for procedure: Botulinum toxin injection

Contraindications:

- pregnancy and breast-feeding
- neuromuscular diseases
- fever
- herpes

Possible side effects

- swelling
- redness
- pigmentation
- roughness
- bruising

2 weeks before	Abstain from laser treatment, chemical peeling and other skin procedures to prevent occurrence of inflammation.
1 week before	Abstain from aspirin and other blood thinning medications, such as Ibuprofen, Paracetamol or Hjertemagnyl.
48 h before	Last chance to cancel the procedure.
After 6 h	The treated area may be washed.
During 12 h	Headaches may occur. Abstain from physical exercise
24 h after procedure	<ul style="list-style-type: none"> ▪ Minor redness, swelling and itching may occur in the treated area. Swelling can be reduced by placing an ice pack on the area. ▪ Avoid touching the treated area to prevent the substance from being transferred to other muscles. ▪ Abstain from drinking alcohol. ▪ Protect the skin from UV-radiation. If a hematoma appears, the skin should be protected from UV-radiation for 1-2 weeks.
During 48 h	Abstain from aspirin and other blood thinning medications, such as Ibuprofen, Paracetamol or Hjertemagnyl.
For 1 week	<ul style="list-style-type: none"> ▪ Muscle laxity may occur in the treated area. In case of palm injections, clumsiness in hands may appear. In case of eyepiece injections eyes may droop. ▪ Abstain from laser treatment, chemical peeling and other skin procedures to prevent occurrence of inflammation.
For 1-2 weeks	Hematoma may emerge, the resorption of which takes 1-2 weeks.