

## Guidelines for invasive procedure aftercare

### *Buttock lipectomy and Buttock implants*

Stay in the hospital	up to 2 nights
Initial follow-up visit	on the 1st-3rd week
Next mandatory visit	on the 3rd month
The bandages will be removed with drains	on the 2nd-3rd day
First shower	from day 2
Wear supportive underwear	for 2 months
Use patches	for 1-2 months
Possible transition to stationary work	after 2 weeks
Possible transition to sedentary work	after 4 weeks
Swelling and bruising appear	for 4-6 week
Avoid physically hard work	up to 3 months
Avoid sexual relations	2 months
Threads self-dissolve	for 6-8 week
Forbidden to smoke	1 month
May go to sauna	after 3 months
Decrease of sensitivity in tissue may manifest	up to 1 year
Outcome can be evaluated	after 6 months
Protect skin from UV radiation	for 1 year
Additional information	due to the high risk of infection, proper hygiene must be ensured