

Guidelines for invasive procedure aftercare

Removal of lipomas and benign tumours

Stay in the hospital	Day surgery
Follow-up visit	On the 7th day
First shower	On the 2nd day
Avoid physically hard work	1 week
The sutures will be removed	On the 7th day
May go to sauna	After 2 weeks
Outcome can be evaluated	After 6 months
Protect skin from UV radiation	1 year

Removal of papillomas

Stay in the hospital	Day surgery
Follow-up visit	On the 7th day
First shower	On the 2nd day
Avoid physically hard work	1 week
May go to sauna	After 2 weeks
Outcome can be evaluated	After 6 months
Protect skin from UV radiation	1 year